

[An article of Dr. Gordon H. Clark in *The Home Evangel*, September, 1944, Vol. 5, No. 9]

... THREE MEALS A DAY

In a war plant there was a worker who was exceedingly foul-mouthed. He was intelligent and ought to have been able to use a better vocabulary, but he seemed to delight in profanity. Beside him worked a Christian.

One day the profane worker happened to say to the Christian: *"Tomorrow I am going to church."* *"What,"* replied the Christian in surprise, *"you go to church? What do you go to church for?"* *"Of course I go to church,"* answered the other; *"I go every week. I go for the nourishment of my soul."*

The Christian allowed his neighbor to walk away a few steps, and then called after, *"Say, do you eat only one meal a week?"*

The foul-mouthed worker was puzzled by this remark, and later the Christian explained it.

How many people are there who neglect their souls all week, not only neglect, but damage their souls with sin, and then try to nourish their souls once a week with some supposedly magic ritual? Will one meal a week save them? Or do they not need three meals a day?

No religious form or ritual will avail the man whose mouth remains foul. No ceremony will bring us to God so long as we continue to love our sin. God demands clean hands and a pure heart; and these are obtained only through the shed blood of our Lord Jesus Christ.

May the God of Heaven and earth, the God of Abraham, the Father of Jesus Christ our Lord, grant us a hatred of filth, a love of righteousness, and everlasting salvation in Christ the savior.

"Let the wicked forsake his way, and the unrighteous man his thought: and let him return unto the Lord, and he will have mercy upon him; and to our God, for He will abundantly pardon." Isaiah 55:7.